

MIZU-RYU JU-JITSU

Sensei Patrick Rook

3rd Degree Black Belt – San
Dan



Sensei Patrick Rook was born in Boston, Massachusetts on March 17, 1969. His martial arts career began with Tai Chi Chuan under Sensei Morales. He trained at Sensei's home until his move to Fort Lauderdale, Florida in 1987. Once graduated from high school, Sensei Rook began taking TaeKwonDo in Pompano Beach, Florida. A guest instructor, Master Ocasio, would teach the advanced TaeKwonDo classes and HapKiDo. Sensei Rook was fascinated by HapKiDo and soon after was taking private and group lessons.

By 1995 Sensei Rook was assisting in HapKiDo classes in affiliated schools. In 1996 Master Ocasio opened up his own school via his instructor-Grandmaster Jung Hwan Park. While studying for an A.A. degree at College, Sensei Rook was an assistant instructor in all children & adult classes. After diligently training in TaeKwonDo, HapKiDo and Brazilian Jiu-Jitsu, Sensei Rook and Master Ocasio had differences of opinions and parted ways.

In early 1997 Sensei Rook approached Soke Marty Ferrick (KuDan in Mizu-Ryu Ju-Jitsu, RokuDan in Lee Ju-Jitsu, GoDan in Goju-Ryu, SanDan in TaeKwonDo, SanDan in MooDukKwan, ShoDan in Judo and certified instructor in Inayan Kadenademano as well as the Eastern United States Representative of Inayan Eskrima). Sensei Rook finally found a wealth of knowledge from an honorable man and started training in class as well as at Soke's home on a regular basis.

While studying in Mizu-Ryu Ju-Jitsu, Sensei Rook started training in Inayan Kadenademano, a short range empty-hand and knife style, plus Inayan Sinawali, a double stick art, and Inayan Dequerdas, a single stick combat art, and was part of the last group to become certified directly under the Grandmaster/Founder of Inayan Eskrima- Mangisusuro Mike Inay before his untimely death in 2000- A true honor. Sensei Rook now trains under his son Jason Inay who now holds the rank of "Suro"& is the head of Inayan

System of Eskrima, still spreading his father's art throughout the United States and Europe.

By the end of September 2000, Sensei Rook had achieved his NiDan and title of "Sensei" in Mizu-Ryu Ju-Jitsu, while simultaneously training in and becoming a certified instructor in Inayan Kadenademano and completing level 4 of 5 in Inayan Sinawali & Inayan Dequerdas at the beginning of 2003. In May of 2004 Sensei Rook became a Full certified instructor in Inayan Sinawali & Inayan Dequerdas. In early August Sensei Rook achieved his SanDan in Mizu-Ryu Ju-Jitsu.



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