

MIZU-RYU JIU-JITSU

**"It's not in the Knowing of the Art...
.....It's in the Doing of the Art..."**

**LOCATION: Collins Community Center
3900 NE 3rd Ave.
Oakland Park**

**SCHEDULE: Wednesdays: 6:00pm-8:00pm
MIZU-RYU JU-JITSU Instruction.
Wednesdays: 8:00pm-9:00pm
Inayan System of Eskrima Instruction.
Saturdays: 9:00am-10:30am
MIZU-RYU JU-JITSU Instruction.
Saturdays: 10:30am-12:00pm
Inayan System of Eskrima Instruction.**

**LOCATION: N. Andrews Gardens Community Center
250 NE 56th Ct.
Oakland Park**

**SCHEDULE: Tuesdays: 6:00-7:00 pm children,
7:00-8:00pm adults
MIZU-RYU JU-JITSU Instruction.
Thursdays: 6:00-7:00 pm children,
7:00-8:00pm adults
MIZU-RYU JU-JITSU Instruction.**

LOCATION: My Gym
21753 State Road 7
Boca Raton, FL 33428
SCHEDULE: Tuesday 4:15 - 5:15 PM
Junior's Ju-Jitsu (ages 6 - 11)

LOCATION: Collins Community Center
3900 NE 3rd Ave
Oakland Park, FL 33334-1365
SCHEDULE: Wednesday: Boxercise
6:00 - 7:00 PM
Ju-Jitsu (ages 6 & up)
7:15 - 9:00 PM

LOCATION: Dragon's Den TKD Boca Raton
19635 State Rd. 7
Boca Raton, FL 33498-4743
(Studio located behind Bank Atlantic)
SCHEDULE: Friday: 7:30 - 9:00 PM
Adult Mizu-Ryu Classes.
(ages 6 & up)